



# Social Story Templates

Welcoming  
New Players to  
Our Rugby Team



## 1. Introduction



Sometimes we have new players joining our rugby team. It's important to make them feel welcome and included. As established players, we can help them learn, feel comfortable, and become part of our team.

## 2. Being Friendly and Approachable



When the new players arrive:

- I will Greet Them: I will say hello and introduce myself with a smile. This will make the new player feel welcome.

- I will try to Learn Their Names: I will ask for the new player's name and try to remember it. This shows the new player that I care. It's alright if I forget their names sometimes.

### 3. Helping Them Get Settled In



New players might not know where things are:

- I will Show Them Around: Help them find important places like the changing room, where we train, and where to get water.
- I might tell them about what drills we do and how the sessions usually go.

#### 4. During Training



When we are training together:

- I will try to remember that new players are still learning. Its ok that they make mistakes.
- I will try to Include them and make sure they are included in drills and activities.
- When people play well it's good to give compliments, positive words will make us all feed better.

#### 5. Teamwork and Support



Rugby is a team sport:

- We work together: We show each other how to work as part of a team. If I can I will explain strategies and plays so everyone understand what to do.
- It's good to be Supportive: If am nervous or unsure, I would like support and reassurance. Its ok for all of us to ask questions.

## 6. Building Friendships



It's important to help new players make friends and feel part of the team

- I could invite them to join in
- It will be fun to talk about experiences I had with the team. This may help me to be included and part of the group.
- It is good to make sure no one feels left out, I will try to be friendly and welcoming too.

## 7. After Practice



When practice is over:


- It is good to see if anyone needs any help, like tidying up equipment.

## Conclusion



Welcoming new players to our rugby team is important for building a strong and supportive team. By being friendly, helpful, and inclusive, we can make new players feel comfortable and excited to be part of our team. Together, we can create a positive and fun environment for everyone.

**Remember:**

- 
- Greet new players warmly and learn their names.
  - Help them get settled in and explain routines.
  - Be patient and include them in all activities.
  - Offer positive feedback and support.
  - Continue to include them in team activities and be a role model.

Let's make our new teammates feel welcome and part of our rugby family!



You'll find more about  
Disability Rugby [here](#)

